



**Greater Lockport Family YMCA**  
 19 East Avenue  
 Lockport, NY 14094-3707

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 BUFFALO, NY  
 PERMIT NO. 3538

**Summer Session July 6 - August 22**

**YMCA Closed: Independence Day July 4th & Labor Day September 7th**

PUBLISHED 4 TIMES PER YEAR SPRING, SUMMER, FALL, WINTER

ISSUE # 88

SUMMER 2009



**YMCA School Age Child Care at Roy Hart Supports Save-A-Pet**

The students at YMCA School Age Child Care Program based at Roy Hart Primary School in Gasport, worked very hard during the month of March to collect donations for Save-A-Pet.



After the students decided that helping Save-A-Pet would be a good community service project, they got busy making posters for promotion, paper puppies and kitties to decorate the bulletin board along with paper "bones" that supporters received when giving a donation. The bones were decorated by the supporter with their name or their pet's name and the students hung on the YMCA bulletin board in the Gasport school cafeteria. With the guidance of YMCA Child Care staff members **Kathy Gardner, Tiffany Case** and **Kathleen Loeffler** the students used their sewing skills to make catnip pillows and dog pull toys. These were sold to friends, family members, teachers and community members who supported the efforts of the ambitious YMCA children.

The students collected pet food, litter and other animal supplies, which were presented with \$250 cash to **Chris Halvorson**, Save-A-Pet President and **Lori Brenon** Save-A-Pet foster care volunteer. SAP dogs **Serena** and **Hoss** also came to visit the YMCA students.

YMCA School Age Child Care programs are held in ten Eastern Niagara County elementary schools. Children may be registered for before school and/or after school care at Anna Merritt, DeWitt Clinton, George Southard, John Pound, Roy B Kelley and DeSales Catholic School in Lockport; Roy Hart Primary School in Gasport; Fricano Primary at Starpoint and Thomas Marks and WH Stevenson in the Wilson School District.

Lockport Family YMCA School Age Child Care Programs foster a healthy balance between academic enrichment and playful, recreational activities for children before and after school. "We focus on developing the whole child through programs that support children's learning through social, emotional, physical, intellectual and spiritual development" said **Laurie Ferris**, YMCA Youth Director. The YMCA aims to build self-esteem for youth through programs which focus on abilities rather than shortcomings and which provide the tools youth need to be happy and productive in life. Through YMCA activities including athletics, arts and crafts, games and group activities the children develop communication, problem solving, negotiation and critical thinking skills, all of which make learning easier.

**The YMCA teaches Character Values of Caring, Honesty, Respect and Responsibility through all activities.** Giving the students the opportunity to participate in a community service project of their choice they saw their hard work move the project from an idea to petting the dogs who have been saved.



# YMEMBERSHIP

Summer 2009  
 Issue 88

We build strong kids, strong families, strong communities.

## Greater Lockport Family YMCA Newsletter

19 East Avenue, Lockport, NY

(716)434-8887

www.lockportymca.com

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**Y Splash A Week-long Celebration of Swimming and Fun June 15-18 Y Splash Bash June 19**

With summer quickly approaching, the Lockport Family YMCA, plunges into the Summer season with water safety in mind. We will be offering **YSplash – a week of free swimming classes** to teach children and their families how to be safe in and around the water. Classes will run **June 15-18, Monday to Thursday 7:00-8:00 PM**. We will provide a class for preschoolers and a class for youth (grades 1 and up).

This free program provides all participants and parents with tips on how to avoid heat stroke, sunburn and other summertime discomforts, any of which can put a real damper on summer fun. Topics covered include: boating safety, backyard pool safety, sun safety, basic swimming skills, beach safety, character development, and parent education.

**YSplash Bash** will be held on **Friday June 19 from 7:00-8:30 PM**. This family pool event will celebrate the end of our YSplash Session, designed to help kids stay safe and healthy this summer. This year's theme is **Splash into Health** and is open to swimmers and non-swimmers. Parents and children are invited to join the YMCA aquatic staff for this fun family swim event. You do not have to participate in the YSplash program to join us. Y instructors will demonstrate the lifelong pleasure to be found in safe, confident and joyful activity in and around the water. Swim instruction, family games, and information about our summer swimming lessons & aquatics programs will be included. **YSplash Bash is free for YMCA members and \$5 per family for community members.**

"Swimming is the second most popular form of exercise in the United States, with nearly 370 million annual visits to swimming pools," said **Darcee Rae Hughes**, Aquatics and Fitness Director. "YMCAs have traditionally been the places where young people learned not only swimming skills, but also the importance of playing safely in the water to prevent injury. That's why YSplash at the Lockport Family YMCA is so important. We teach the skills needed to be safe near and in the water."

As the nation's oldest and largest community-based organization and among the country's most trusted providers of aquatics programs, YMCAs offer the following helpful tips to help keep children safe and injury-free in the water this summer:

- Actively supervise your children when they are both in and around the water.
- Teach children to swim at an early age and educate them early about water safety.
- Make sure children swim within designated areas and stay within your sight.
- Instruct children never to run, push or jump on others in and around the pool.
- Become certified in infant and child CPR.
- Make sure children always wear life jackets on or around open water.
- Ensure that kids drink plenty of fluids to stay properly hydrated, especially on hot days.
- Wear hats and sunglasses and apply sunscreen of SPF 15 or higher to protect yourself and your children from sun exposure.
- When thunder roars go indoors.
- Dry your child's ears thoroughly after swimming.

*The Lockport Family YMCA has 3000 members and more than half of them are under the age of 21. We serve over 8,000 people with our programs and teach more than 1,000 children how to swim each year. We are excited to provide YSplash because it ties in so nicely with our YMCA Mission: to put Christian principles into practice through programs that build a healthy Spirit, Mind and Body for all.*

# 148<sup>th</sup> Annual Meeting & Recognition Dinner

Thank you to our supporters, our volunteers and our staff!



### Congratulations and Thank You!

DeSales Catholic School  
 Opportunities Unlimited of Niagara  
 Elk's Lodge #41  
 Sean Rahill & Audrey Ash  
 Kate McCarty  
 Matthew Trombley  
 Kevin Mietlicki & Curt Bobzien  
 Melyssa Masters & Mark Wallace  
 Doris Albiez  
 Mariane Fix  
 Maria Moreira

### 2009-2010 Elections

#### Board of Directors

Re-elected  
 Eric Foltz, Pat Hannigan,  
 Skip Helfrich, Nicloas Maniccia,  
 Allan VanDeMark &  
 Kevin VanDusen

#### Board of Trustees

Re-elected  
 Chad Hoyme & Daniel Judge

### 2008 Financial Report

Fiscal Year 11/1/2007-10/31/2008

#### Revenues

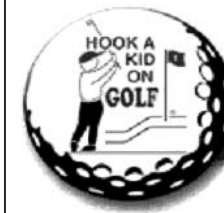
Support	\$442,992
Program	\$743,180
Membership	\$346,236
Camp Kenan	\$185,481
Interest/	\$139,584
Dividends/ Gains	
<b>Total</b>	<b>\$1,857,473</b>

#### Expenses

Program	\$1,003,754
Activities	
Camp Kenan	\$386,053
Management & General	\$159,515
Fund Raising	\$93,663
Building Services	\$162,964
<b>Total</b>	<b>\$1,805,949</b>

# YOUTH SUPER SPORTS™

We build strong kids, strong families, strong communities.



### Hook-A-Kid-On-Golf

This national program is an introductory skills clinic designed for first time golfers between the ages of 8 – 13. Participants will receive certified instruction from a PGA Professional. The clinic will focus on driving, chipping, putting, etiquette, and rules. There will be guest speakers covering the topics of golf course maintenance, drugs in sports, student athletes, and golf rules and etiquette. All participants will receive weeklong golf instruction, set of golf clubs, golf bag, shirt, golf balls, rule and etiquette book and a golf hat. **Registration fee is \$140** for all participants. The clinics will be held the week of July 13 – 17 and August 3 – 7 at the Niagara County Golf Course.



### Start Smart Golf

This is a parent-child participant program for young children between the ages of 5 – 7. This program will teach parents the proper way to develop the basic motor skills of golf with their children, while building their confidence, enabling them to enjoy participation in golf. We will utilize the SNAG Coaching System, a patented system that moves parent-child groups through four stations during the one-hour program sessions. **Classes meet on Tuesday from 6:00 – 7:00 PM. Registration fee is \$20 for member and \$60 for non-members.**

For questions regarding these or any other sports programs please contact **Bryan Schubring @ 434-8887 ext. 35.**



## Day Camps Begin June 29 Register Now!

Visit [www.lockportymca.com](http://www.lockportymca.com) to download all forms.

Day Camps are offered for children ages 4-15 at 4 locations in and around the Lockport community. Day Camp Programs are offered Monday - Friday, 8:30 AM - 4:30 PM with early arrival and late pickup options available. Space at all camps is limited and reservations are taken on first come basis. **A deposit of \$25 per week**

Week	Date	Theme	Field Trips
1	Jun 29 – Jul 3	Grrr-Animal-Nation	Buffalo Zoo
2	Jul 6 - 10	Stars and Stripes	Mumford Genesee Country Village
3	Jul 13 – 17	Imagine, Create, Perform	Fort Niagara Pool & Park Niagara Falls Aquarium & Power Project
4	Jul 20 - 24	Seafarer	
5	Jul 27 – 31	Kick, Swing, Splash	Beaver Island State Park & Beach
6	Aug 3 - 7	Creation Quest	Buffalo Museum of Science
7	Aug 10 – 14	Awesome August Adventure	Hamlin Beach & State Park
8	Aug 17 - 21	Total Celebration	YMCA Carnival
9	Aug 24 - 28	Catch the Spirit	Fantasy Island
10	Aug 31 - Sept 4	Feel the Excitement	Strong Children's Museum

# YTEENS™

We build strong kids, strong families, strong communities.

### Summer Teen Activity Club (STAC)

A Day Camp program for teens ages 12 to 15. STAC adheres to our day camp philosophy, but allows teens to participate in a larger range of daily activities. Activities include teambuilding, fundraising, service learning projects, field trips, sports, recreation and problem solving.

**Offered at the YMCA and Starpoint sites.**

*Spend your summer on the move with the YMCA!*

### Overnight Camp Begins July 5

Resting on the shores of Lake Ontario in the Town of Somerset, just north of Barker, the YMCA's Overnight Camp offers kids a fun, adventure-filled summer experience that helps campers grow strong in spirit, mind and body while learning valuable camp and life skills.

#### Register Now!

- Jul 5-11 • Mud, Sweat & Glory
- Jul 5-11 • Swim Camp
- Jul 12-18 • Survivor: Camp Kenan
- Jul 19-25 • Pirates of Ontario
- Jul 26-Aug 1 • Wild, Wild West
- Aug 2-8 • Olympiad
- Aug 9-15 • Back to the Future
- Aug 16-22 • Hollywood Week
- Jul 5-18 • LIT Session I
- Jul 19-Aug 1 • LIT Session II
- Jul 5-25 • CIT Session I
- Jul 26-Aug 15 • CIT Session II
- Jun 29-Sept 4 • Day Camp

**Celebrating 85 Years of Camping!**

