

AQUATICS[™]
We build strong kids, strong families, strong communities.

SWIM TEAM[™]
We build strong kids, strong families, strong communities.

Lockport Family YMCA Code of Conduct

Parents are required to fill out and return Parents agreement and Emergency Authorization form.

Swimmers are required to read and sign the team Code of Conduct. All swimmers are expected to follow the team Code of Conduct at all times while representing the Lockport YMCA Swim Team (practice, meets and fundraising). Any failure or repeated failure will be handled in the following manner:

At practice, if behavior is disruptive or threatening:

1. Verbal warning
2. Removal one day from practice, parents notified
3. Removal three days from practice, parents notified
4. Removal one week from practice plus next scheduled meet and a meeting with parents.
5. Meeting with parents, coach and YMCA Director, possible removal from team.

At meets, if behavior is threatening or unsportsmanlike:

1. Verbal warning
2. Removal from competition, parents notified
3. If behavior continues, meeting with parents/coach/YMCA Director, possible suspension/ removal from team.

As a Lockport Family YMCA team athlete, I have read (or my parents have read to me) and agree to follow the Code of Conduct at practice, at meets and at other team events.

At practices and meets, I WILL:

- Be on time for practice and meet warm ups
- Assist in set up or tear down of pool equipment
- Respect all lifeguards, coaches, swimmers, officials and visitors while representing our team
- Ask questions when I am not sure of coaches instruction
- Act and conduct myself with dignity and with respect for others and their property
- Assist teammates
- Cheer for teammates during races
- Offer congratulations to my opponent, win or lose
- Strive to do MY best, and encourage team members to do the same
- Deal with my fellow team mates fairly and kindly
- Stay in my suit and on deck until the last event is finished
- Encourage and practice values such as Caring, Honesty, Respect, and Responsibility.

At practices and meets I will NOT:

- Hurt someone or tell them I will hurt them
- Cause physical harm/threaten harm to fellow/opposing team member, coach, parent or official
- Possess, use or be under the influence of alcoholic beverages, chemicals or illegal drugs
- Behave in a manner that is in the opinion of the coaches or team representative is contrary to the team code of conduct, the YMCA philosophy or normal accepted behavior

I understand that violating any of these guidelines may cause disciplinary action, such as suspension or removal from practice, meets, or the team. I understand that the values contained in the YMCA Swim team Code of Conduct remain in effect for as long as I am a member of the Lockport Family YMCA Swim Team.

The Lockport Family YMCA has developed these guidelines in an effort to make any competition safe and fun for all athletes, parents and coaches involved.

We hope each of you will help us in the effort to carry out the mission of the YMCA, which is: to put Christian principles into practice through programs that build a healthy Spirit, Mind, and Body for all.

This form must be returned, signed by the athlete and parent/guardian, to the coaches before the first competition.

Athlete's Name	Address	Phone
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Parent/Guardian	Address	Phone
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Emergency Contact--other than parent/guardian	Phone
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Family Physician	Phone
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I have read and understand the above Code of Conduct

Athlete's Signature	Parent/Guardian Signature
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Date	Date
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