

Lockport Family YMCA Pool November 3-December 20, 2008

Lane	Monday & Wednesday				Tuesday & Thursday				Friday				Saturday			
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
5:30am	LAP SWIM 5:30am - 9am				LAP SWIM 5:30am - 8am				LAP SWIM 5:30am - 9am				LAP SWIM 5:30am - 9:30am			
6:30am																
7:30am																
8:30am	Water Fit 9-10am Pre Pals 10		LAP SWIM 9am - 5pm		Water Fit 8 -9am		LAP 8am- -6pm		Water Fit 9-10am Rusty Hinges 10-11am		LAP 9am-5pm		Water Fit 8:30-9:30am			
9:30am																
10:30am	Rusty Hinges 10:30am 11:30am		LAP SWIM 9am - 5pm		Paren/Child 9:30am Preschool Swim 9:30-10:15 & 10:15-11am		LAP SWIM 11am-1pm		LAP SWIM 11am-5pm		Parent/Child 9:30-10am & 10:30-11 Preschool & Youth 9:30, 10:15 & 11am					
11:30am																
12:30pm	LAP SWIM 11:30am-2pm		LAP SWIM 9am - 5pm		AOA SWIM 1pm-2pm		LAP 8am- 6pm		AOA SWIM 1-2pm		OPEN POOL 12-9pm If no pool parties					
1:30pm																
2:30pm	OPEN POOL 2-4pm		LAP SWIM 9am - 5pm		OPEN POOL 2pm-4:45pm		LAP 2-4:45pm		OPEN POOL 2-9pm		LAP 2-5pm					
3:30pm																
4:30pm	Water Fit 4-4:45pm		LAP SWIM 9am - 5pm		Preschool & Youth Swim 4:45-5:30pm		LAP 8am- 6pm		AOA SWIM 1-2pm							
5:30pm																
6:30pm	Preschool & Youth Swim 4:45-5:30pm		SWIM TEAM 5:30-8pm		Water Fit 5:30pm		YOUTH		OPEN POOL 5 - 9pm if no pool parties							
7:30pm																
8:30pm	SWIM TEAM 5:30-8pm		LAP 8:00-9:30		Parent/Child Preschool & Youth 6:30-7:15, 7:15-8		LAP 7:30-9:30									
	OPEN POOL 8:00pm-9:30pm		LAP 8:00-9:30		OPEN POOL 7:30-9:30pm		LAP 7:30-9:30									

Have your next party at the YMCA Pool-available Fridays and Saturdays